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## Research Article

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### Anti-oxidant and Anti-inflammatory activity of *Tabebuia rosea* (Flowers)

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#### ABSTRACT

The aim of this study is to investigate the anti-inflammatory and anti-oxidant activities of the sample isolated from the ethyl acetate fraction of flowers of *Tabebuia rosea*. Anti-inflammatory activity of the sample was determined by HRBC membrane stabilization and Albumin denaturation methods. Anti-oxidant activity of the sample was determined by DPPH assay and ABTS method. The results of the study suggest that the sample isolated from the ethyl acetate fraction possesses anti-oxidant and anti-inflammatory activity.

**Keywords:** *Tabebuia rosea*, Antioxidant activity, Anti-inflammatory activity, HRBC method, Albumin denaturation, DPPH, ABTS assay.

#### ARTICLE INFO

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## 1. Introduction

The term inflammation originates from Lat: 'Inflammare' meaning 'to burn'. Inflammation is a homeostatic phenomenon, which is regarded as a wholesome response to irritant. The irritant provokes one after another the mechanism that combats damage and inflammation

subsides when it is no longer needed. The clinical signs that inflammation evoke are heat, redness, swelling and loss of function [1]. 'Anti-inflammatory agent' is a drug that inhibits any facet of inflammation of an experimentally induced nature or as a part of clinical syndrome

[2]. Tabebuia are native to tropical rain forests throughout Central and South America. The herbal products obtained from the bark of tabebuia trees are called “taheebo”, “lapacho”. Taheebo is reported to be an astringent, anti-inflammatory, antibacterial, antifungal, diuretic, and laxative [3-7]. Tabebuia rosea (Bertol.) DC. Commonly known as “Pink Trumpet Tree” can grow up to 15 meters and well known for its beautiful flowers. The timber is widely used for general construction and carpentry in many European countries. The fruits are green, long and bean pod like with a length of 20-40 cm (8-16 inch). The fruits turn dark brown when ripe and contain flat, heart-shaped seeds with tiny wings. The graceful beauty is a treat for the eyes, but the tree has medical uses as well. Tea made from the leaves and bark is known to have a fever-reducing effect [8].

## 2. Experimental

### Collection of Flowers

Fresh flowers of Tabebuia rosea were collected from Jail Corner, Trichy district, Tamil Nadu, India, during the month of May and identified by Dr. S. John Britto, Director, The Rapinat Herbarium and Centre for Molecular Systematics (Authentication No. SS 001 dated: 06/11/2015). St. Joseph's College (Campus), Trichy, Tamil Nadu, India.

### Extraction and fractionation

Fresh flower (1 kg) of Tabebuia rosea collected at Jail corner, Trichy district, Tamil Nadu, India were extracted with 90% ethanol (5x500 ml). The combined alcoholic extract was concentrated in vacuo and the aqueous extract was successively fractionated with petroleum ether (60-80°C) (6x250 ml), Peroxide free diethyl ether (4x250 ml) and ethyl acetate (8x250 ml). Petroleum ether fraction and diethyl ether fraction did not yield any isolable material. Ethyl acetate fraction on concentration yielded a dry powder which was dissolved in DMSO to get various concentrations and were used for further study.

### In Vitro Antioxidant Activity

#### DPPH Assay Method

The DPPH free radical is reduced to a corresponding hydrazine when it reacts with hydrogen donors. The DPPH radical is purple in colour and upon reaction with hydrogen donor changes to yellow colour. It is a decoloration assay, which is evaluated by the addition of the antioxidant to a DPPH solution in ethanol or methanol and the decrease in absorbance was measured at 490 nm [9].

#### Reagents:

**2,2-Diphenyl 1-picryl hydrazyl solution (DPPH, 100 ~M):** 22 mg of DPPH was accurately weighed and dissolved in 100 ml of methanol. From this stock solution, 18 ml was taken and diluted to 100 ml using methanol to obtain 100 µM DPPH solution.

#### Preparation of test solutions:

21 mg of the solid obtained from ethyl acetate fraction was dissolved in distilled DMSO to obtain a solution of 21 mg/ml concentration. This solution was serially diluted to obtain lower concentrations.

#### Preparation of standard solutions:

10 mg each of ascorbic acid and rutin were weighed separately and dissolved in 1 ml of Dimethyl sulfoxide (DMSO) to get 10 mg/ml concentrations. These solutions

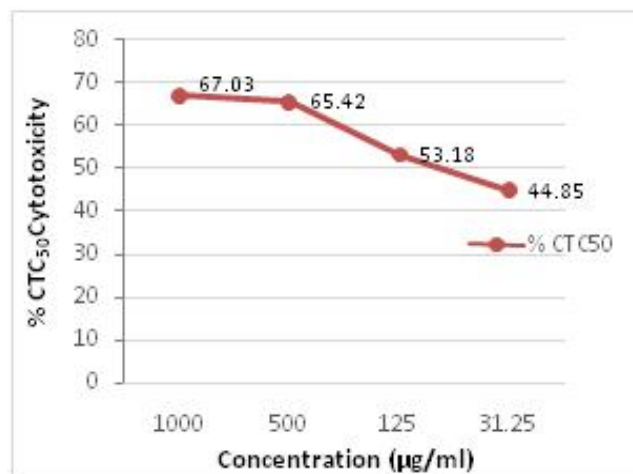
were serially diluted with DMSO to get lower concentrations.

#### Procedure:

The assay was carried out in a 96 well microtitre plate. To 200 µl of DPPH solution, 10 µl of each of the test sample or the standard solution was added separately in wells of the microtitre plate. The final concentration of the test and standard solutions used were 1000, 500, 125 and 31.25 µg/ml. The plates were incubated at 37°C for 30 min and the absorbance of each solution was measured at 490 nm, using a micro plate reader.

**Table 1:** DPPH assay activity of the compound isolated from the ethyl acetate fraction of flowers of Tabebuia rosea

S.No	Concentration (µg/ml)	% CTC <sub>50</sub> Cytotoxicity (µg/ml)	CTC <sub>50</sub> (µg/ml)
1	1000	67.03	104.23
2	500	65.42	
3	125	53.18	
4	31.25	44.85	



**Graph 1:** Graphical representation of DPPH activity of the compound isolated from the ethyl acetate fraction of flowers of Tabebuia rosea.

### Evaluation of Total Antioxidant Capacity of the Extract

The total antioxidant capacity was determined by phosphor molybdenum method and is based on the reduction of Mo (VI) to Mo (V) by the antioxidant compounds and the formation of a green Mo (V) complex, which has the maximal absorption at 695 nm.

#### Preparation of test and standard solutions

Weighed accurately 55 mg of the sample and the standard, ascorbic acid and dissolved in 5 ml of DMSO. The lower dilutions were made serially with DMSO.

#### Procedure

An aliquot of 0.1 ml of the sample solution containing a reducing species in DMSO was combined in an Eppendorf tube with 1 ml of reagent solution (0.6 mM Sulphuric acid, 28 mM sodium phosphate, and 4 mM ammonium molybdate). The tubes were capped and incubated in water bath at 95°C for 90 min. The samples were cooled to room temperature, and the absorbance of each solution was

measured at 695nm. The total antioxidant capacity was expressed as mM equivalent of ascorbic acid.

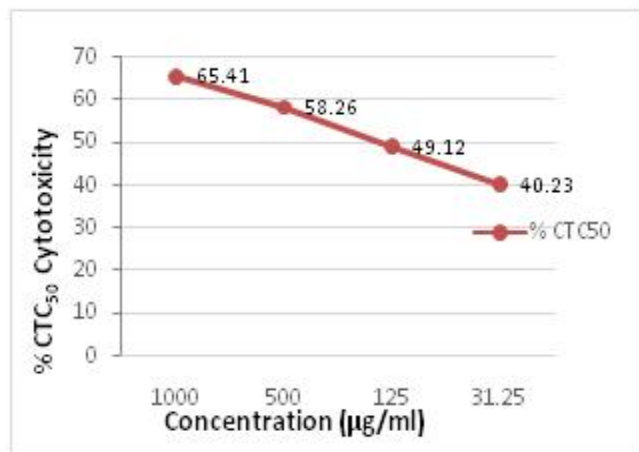
**Total antioxidant activity** = 343.8µg/ml

**ABTS radical scavenging activity:**

ABTS radical scavenging activity was performed as described by Re et al. (1999) with a slight modification. 7.0 mM ABTS in 14.7 mM ammonium peroxy-disulphate was prepared in 5.0 ml distilled water. The mixture was allowed to stand at room temperature for 24 hours. The resulting blue green ABTS radical solution was further diluted such that its absorbance is 0.70 ± 0.020 at 734 nm. Various concentrations of the sample solution (in ethanol) (20.0 µl) were added to 980.0 µl of ABTS radical solution and the mixture was incubated in darkness for 10 min. The decrease in absorbance was read at 734 nm. A test tube containing 20.0 µl of ethanol processed as described above was served as the control tube. Different concentrations of ascorbic acid were used as reference compound.

**Table 2:** ABTS assay activity of the compound isolated from the ethyl acetate fraction of flowers of *Tabebuia rosea*.

S.No	Concentration (µg/ml)	% CTC <sub>50</sub> Cytotoxicity (µg/ml)	CTC <sub>50</sub> (µg/ml)
1	1000	65.41	150.30
2	500	58.26	
3	125	49.12	
4	31.25	40.23	



**Graph 2:** Graphical representation of ABTS radical scavenging activity of the compound isolated from the ethyl acetate fraction of flowers of *Tabebuia rosea*.

**Anti- Inflammatory Activity**

**The human red blood cell (HRBC) membrane stabilization method:** The method as prescribed (Gopalkrishnan et al., 2009; Sakat et al., 2010) was adopted with some modifications. The blood was collected from healthy human volunteer who had not taken any NSAIDs for 2 weeks prior to the experiment and mixed with equal volume of Alsever solution (2 % dextrose, 0.8 % sodium citrate, 0.5 % citric acid and 0.42 % NaCl) and centrifuged at 3,000 rpm. The packed cells were washed with isosaline and a 10 % suspension was made. Various concentrations of test drug were prepared in mg/ml using distilled water and to International Journal of Chemistry and Pharmaceutical Sciences

each concentration, 1 ml of phosphate buffer, 2 ml hypo saline and 0.5 ml of HRBC suspension were added. It was incubated at 37°C for 30 minutes and centrifuged at 3,000 rpm for 20 minutes and the hemoglobin content of the supernatant solution was estimated spectrophotometrically at 560 nm. Diclofenac (100 Jg/ml) was used as reference standard and a control was prepared by omitting the test drug. The experiments were performed in triplicates and mean values of the three were considered. The percentage (%) of HRBC membrane stabilization or protection was calculated [10-11].

**Percentage of Protection (%) =**

$$(100 - \text{OD of drug treated sample} / \text{OD of Control}) \times 100$$

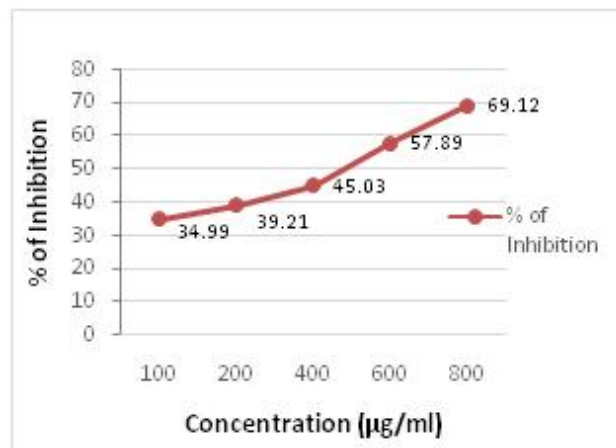
**Albumin denaturation method**  
The method as prescribed (Sakat et al., 2010) was followed with some modifications. The reaction mixture was consisting of test sample and 1% solution of bovine albumin fraction. pH of the reaction mixture was adjusted using small amount of HCl. The mixtures were incubated at 37°C for 20 minutes and then heated to 51°C for 20 minutes. After cooling the samples, the turbidity was measured spectrophotometrically at 660 nm. Diclofenac sodium was taken as a standard drug. The experiment was performed in triplicates and the mean value of the three was considered. Percent inhibition of protein denaturation was calculated as follows [12-13].

**Percentage of inhibition (%) =**

$$(\text{OD of Control} - \text{OD of Sample} / \text{OD of Control}) \times 100$$

**Table 3:** The human red blood cell (HRBC) membrane Stabilization activity of the compound isolated from the ethyl acetate fraction of flowers of *Tabebuia rosea*

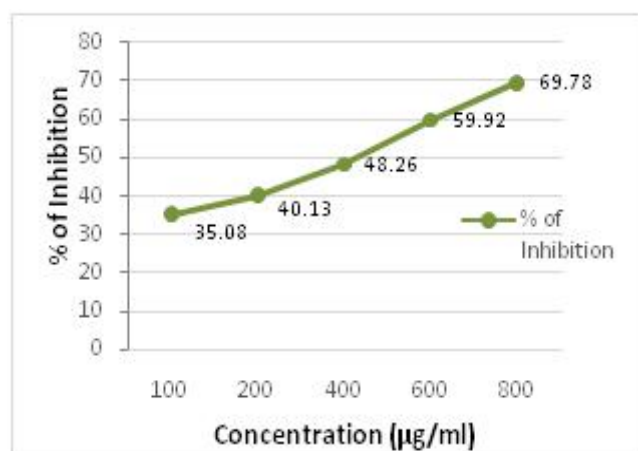
S.No	Concentration (µg/ml)	% of Inhibition
		Membrane Stabilization Mean ± S.E.M(S-I)
1	100	34.99 ± 0.17
2	200	39.21 ± 0.52
3	400	45.03 ± 1.73
4	600	57.89 ± 1.86
5	800	69.12 ± 1.34



**Graph 3:** Graphical representation of human red blood cell (HRBC) membrane Stabilization activity of the compound isolated from the ethyl acetate fraction of flowers of *Tabebuia rosea*

**Table 4:** The Inhibition of Albumin Denaturation activity of the compound isolated from the ethyl acetate fraction of flowers of *Tabebuia rosea*

S.No	Concentration (µg/ml)	% of Inhibition
		Membrane Stabilization Mean ± S.E.M(S-I)
1	100	35.08 ± 0.17
2	200	40.13 ± 0.25
3	400	48.26 ± 0.73
4	600	59.92 ± 0.39
5	800	69.78 ± 0.14

**Graph 4:** Graphical representation of Inhibition of Albumin Denaturation activity of the compound isolated from the ethyl acetate fraction of flowers of *Tabebuia rosea*

### 3. Results and Discussion

#### Anti-oxidant activity:

The compound isolated from the ethyl acetate fractions of *Tabebuia rosea* flowers exhibited significant anti-oxidant activity when compared with DPPH assay. It is evident from the data presented in Table-1 that the sample possessed DPPH assay activity. The result showed the percentage of cytotoxicity for 1000 µg/ml as 67.03%, 500 µg/ml as 65.42%, 125 µg/ml 53.18%, and for 31.25 µg/ml 44.85%. When compared with ABTS assay activity, it is evident from the data presented in Table-2 that the sample possesses ABTS assay activity. The result showed the percentage of cytotoxicity for 1000 µg/ml as 65.41%, 500 µg/ml as 58.26%, 125 µg/ml as 49.12%, and for 31.25 µg/ml as 40.23%. Total antioxidant activity of the sample is 343.8 µg/ml.

#### Anti-inflammatory activity:

The compound isolated from the ethyl acetate fractions of *Tabebuia rosea* flowers exhibited significant anti-inflammatory activity of the human red blood cell (HRBC) membrane stabilization and the results are presented in Table-3. The result showed the percentage of inhibition in membrane stabilization for 100 µg/ml as 34.99 ± 0.17 %, 200 µg/ml as 39.21 ± 0.52 %, 400 µg/ml as 45.03 ± 1.73 % , 600 µg/ml as 57.89 ± 1.86 % , and for 600 µg/ml as 69.12 ± 1.34 % . The inhibitions of Albumin denaturation activity exhibited by the compound are given in Table-4. The results showed the percentage of inhibition in membrane stabilization for 100 µg/ml as

35.08 ± 0.17%, 200 µg/ml as 40.13 ± 0.25 % , 300 µg/ml as 48.26 ± 0.73 % , 600 µg/ml as 59.92 ± 0.39 % , and for 800 µg/ml as 69.78 ± 0.14. The anti-inflammatory effect of the compound isolated from ethyl acetate fraction (test sample) of *Tabebuia rosea* may be due to presence of active constituent flavonoids. The results strongly suggest anti-inflammatory effects and anti-oxidant effects by percentage of inhibitions, which are explained in the Table-1,2,3,4.

### 4. Conclusion

The present study has confirmed that both DPPH assay and ABTS have showed a strong antioxidant activity and also the human red blood cell (HRBC) membrane stabilization. It could be concluded that the compound isolated from the ethyl acetate fraction of flowers of *Tabebuia rosea* of phyto-pharmaceutical importance. However, isolation of individual phytochemical constituents and subjecting it to biological testing will definitely give fruitful results.

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